

2026 Ready to Roll Guide

May 30th | Hyannis Port

**BEST BUDDIES
CHALLENGE®
HYANNIS PORT**

PRESENTED BY   
—Foundation—



Route Map

★ **100-Mile Start**
Boston
(JFK Library)

Rest Stop 1 (Mile 16.3)
Wompatuck State Park

55-Mile Start
CVS Carver
(**Rest Stop 3 - Mile 49.1**)

Rest Stop 2 (Mile 36.6)
Duxbury Senior Center

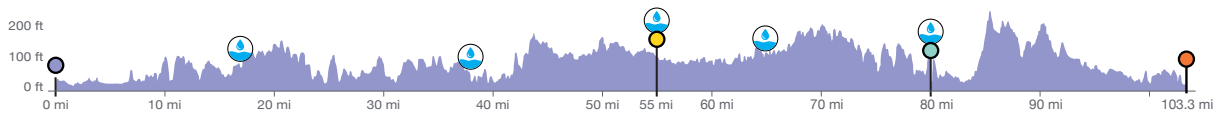
Rest Stop 4 (Mile 67.1)
Myles Standish State Forest

20-Mile Start
CVS Sandwich
(**Rest Stop 5 - Mile 82.5**)

★ **FINISH & 5K Run/Walk**
Craigville Beach

LEGEND / START TIMES

- **100-Mile Starts at 8 AM**
- **55-Mile Starts at 9:30 AM**
- **20-Mile Starts at 10:30 AM**
- **5K Run/Walk Starts at 9:30 AM**
- **Rest Stops**



Total elevation gain for 104.4-mile route +4,560 feet.

Table of Contents

Welcome to the Challenge! 01

Mission Impact 02

27 Years of Cycling in Hyannis Port 03

Schedule of Events 04

Rest Stop Locations & Parking 05

Shuttles 07

Bike Rental & Purchases 08

Route Info & Links 09

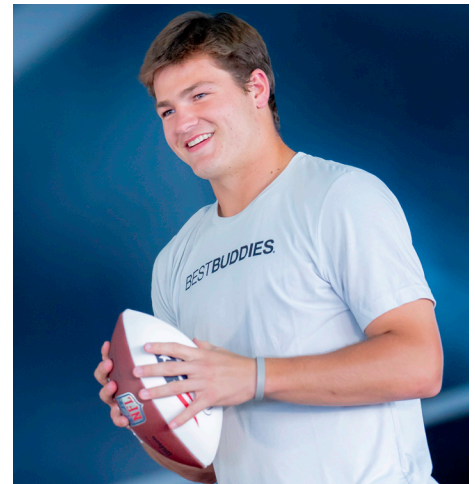
Course Support 10

Rules of the Road & Safety Guidelines 11

Where to Stay & Packing List 13

Clambake & Private Concert 14

Event Merch & Sponsor Thank You 15



Welcome to the Challenge!

We are excited to welcome you to the [2026 Best Buddies Challenge: Hyannis Port, presented by Jersey Mike's Subs, Shaw's and Star Market Foundation, and TJX](#). Your support helps create friendships, job opportunities, leadership development, inclusive living, and family support for individuals with intellectual and developmental disabilities. Every mile you ride and dollar you raise supports Best Buddies! This guide has all the details, schedules, and locations you will need to know for the Challenge on May 30, 2026. Please take a few minutes to read this guide and [contact us](#) with any questions. See you in the saddle!

In friendship,
The Best Buddies Challenge Team

Mission Impact

4,046

Chapters

154,354*

Participants

1,543,540

Impacted

50

States

41

Countries



One-To-One Friendship

165

Elementary School Chapters

1,747

High School Chapters

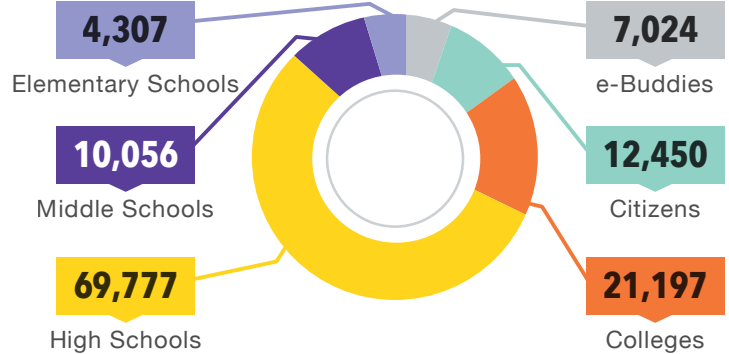
468

Middle School Chapters

455

College Chapters

Program Participants



Integrated Employment

2,300

Participants Employed

Average Total Participant Stats

44,160

Weekly Hrs. Worked

2,163,840

Yearly Hrs. Worked

\$6,911,305

Yearly Taxes Paid

\$34,556,525

Yearly Wages Earned

Avg. hrs worked per week 19.20, Avg. hrly wage \$15.97 (in the U.S.).



Leadership Development

539

Elementary Schools Promoters Chapters

276

Middle School Promoters Chapters

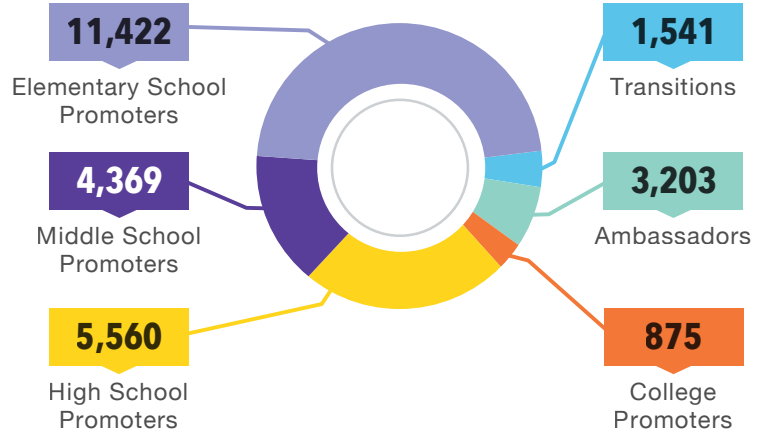
336

High School Promoters Chapters

60

College Promoters Chapters

Program Participants



Inclusive Living

10

Living Residences

116

Living Participants



Family Support

157

Eunie's Buddies Participants

*All program stats are as of 6/30/2025, and reflect the most recent Best Buddies program year (July 1, 2024 – June 30, 2025).

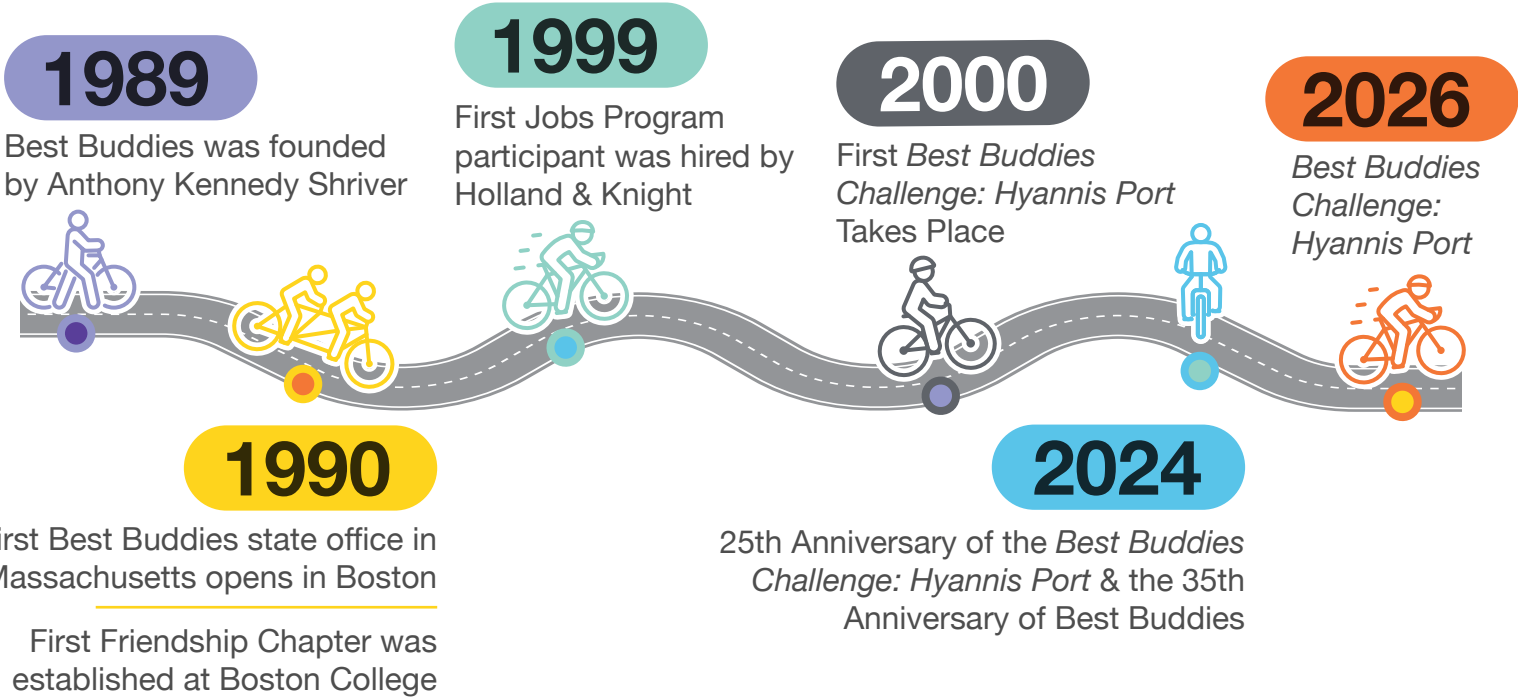
BEST BUDDIES CHALLENGE[®]

HYANNIS PORT

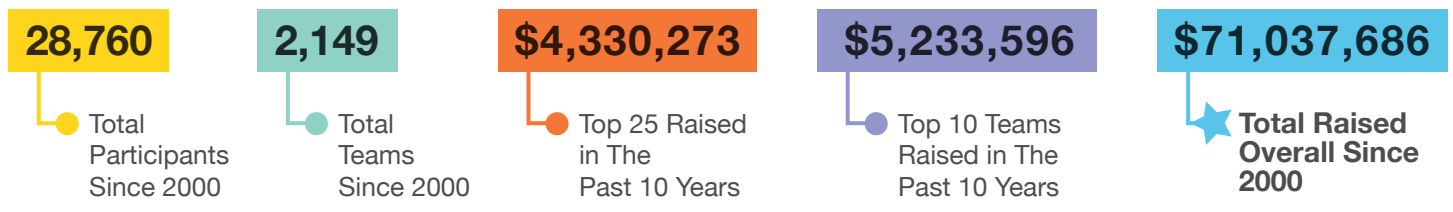
PRESENTED BY



The *Best Buddies Challenge: Hyannis Port* started in 2000 to raise funds to empower the abilities of people with intellectual and developmental disabilities (IDD) through one-to-one-friendships, integrated employment, leadership development, inclusive living, and family support. Cycle, run, and walk to challenge yourself to change lives.



Best Buddies Challenge: Hyannis Port Highlights



Your Fundraising Supports



Schedule of Events

Friday, May 29th, 2026

4:00 – 7:00 PM

Early Packet Pick-up at JFK Library

Columbia Point Boston, MA 02125

Please follow the signage at check-in to pick up your packet and jersey.

IMPORTANT: A valid form of ID is required to pick up your packet. You are not allowed to pick up another participant's packet unless you are the legal guardian of a minor. No exceptions.

If you cannot pick up your packet on Friday at Early Packet Pick Up, it will be at your start line on Saturday morning.

Saturday, May 30th, 2026

8:00 AM

100-mile ride starts at JFK Library

Columbia Point, Boston, MA 02125

Check-in & breakfast open at 6:30 AM

7:10 AM

Shuttles depart 100-mile start line to the 55-mile start line in Carver and 20-mile start line in Sandwich

Boarding starts at 6:30 AM

PLEASE NOTE: The shuttle will depart before the 100-mile ride departs.

9:30 AM

55-mile ride starts at CVS Pharmacy in Carver

100 North Main Street, Carver, MA

Check-in & breakfast open at 8:00 AM

5K run/walk starts at Craigville Beach Finish

997 Craigville Beach Road Centerville, MA

Check-in & breakfast open at 8:00 AM

10:30 AM

20-mile ride starts at CVS Pharmacy in Sandwich

65 Tupper Rd., Sandwich, MA

Check-in & breakfast open at 9:00 AM

12:00 PM

Craigville Beach Finish Line showers, massages and luncheon opens.

Finish line shuttles begin making loops to official Hyannis Port ride hotels.

997 Craigville Beach Road Centerville, MA

1:00 PM – 6:00 PM Post-event party featuring a lobster clambake, open bar, and private concert with award-winning artist Jason Derulo.

4:30 PM Early shuttle departs from Finish Line back to all start lines.

Boarding starts at 4:00 PM

6:00 PM Last shuttle departs from Finish Line back to all start lines.

Boarding starts at 5:30 PM

Clambake & Bike Pick-up Closes

There is NO overnight bike parking.

Bikes left in the Finish Line paddock after 6:00 PM will be shipped back to the 100-mile start line at JFK Library and will be available for pickup on Sunday, May 31st in LOT D from 10:00 AM to 12:00 PM.

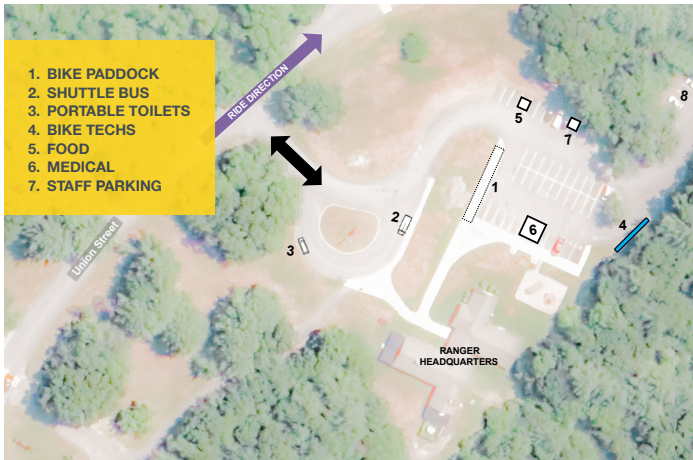
Sunday, May 31st, 2026

9:00 AM Shuttle service from official Hyannis Port ride hotels departs for all start lines.

Please be outside your hotel lobby by 8:30 AM sharp to board your shuttle.

Rest Stop Locations

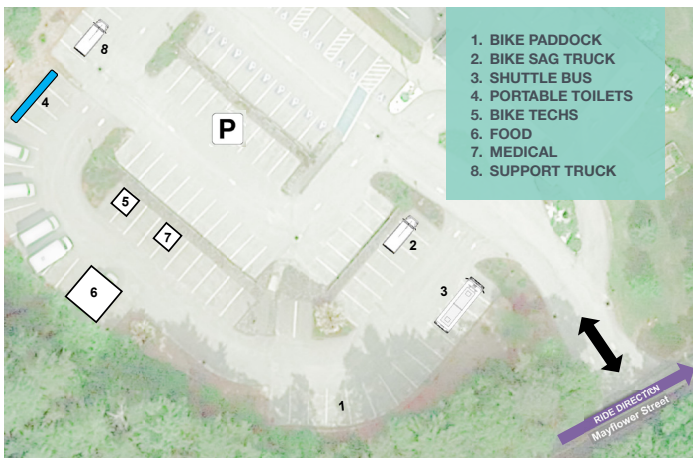
Our five Rest Stops will be ready for you to rest and refuel along the route. Each Rest Stop will be equipped with food, beverages, restrooms, bicycle mechanics, and medical aid.



REST STOP 1

Mile 16.3, Miles to go: 88.1

Wompatuck State Park Visitors Center,
204 Union St., Hingham, MA 02043



REST STOP 2

Mile 36.6, Miles to go: 67.8

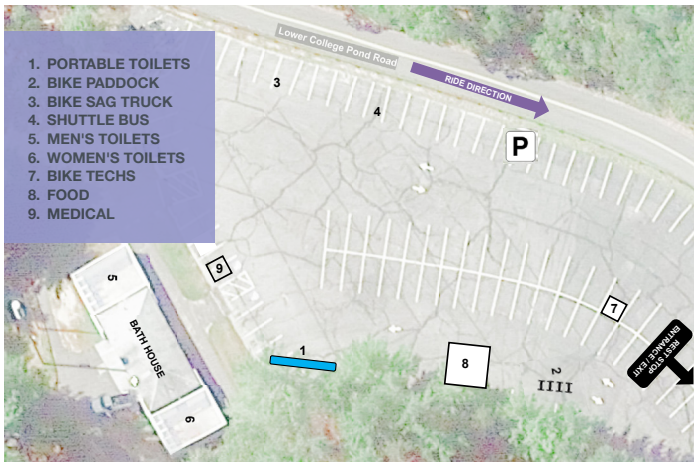
Duxbury Senior Center,
10 Mayflower St., Duxbury, MA 02332



REST STOP 3

Mile 49, Miles to go: 55

CVS Pharmacy (Also 55-Mile start line),
Carver Shaw's Plaza/North Calver,
100D N. Main St., Carver, MA 02330

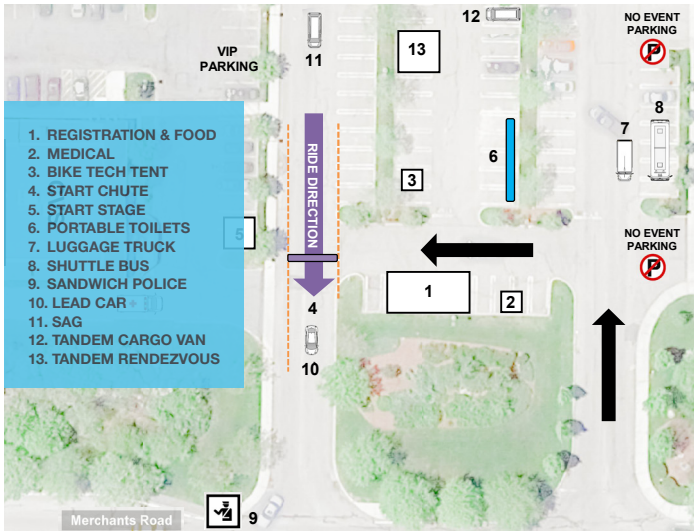


- 1. PORTABLE TOILETS
- 2. BIKE PADDOCK
- 3. BIKE SAG TRUCK
- 4. SHUTTLE BUS
- 5. MEN'S TOILETS
- 6. WOMEN'S TOILETS
- 7. BIKE TECHS
- 8. FOOD
- 9. MEDICAL

REST STOP 4

Mile 67.1, Miles to go: 37.3

College Pond Rec.,
Myles Standish Forest,
Lower College Pond Rd., Plymouth, MA 02360



- 1. REGISTRATION & FOOD
- 2. MEDICAL
- 3. BIKE TECH TENT
- 4. START CHUTE
- 5. START STAGE
- 6. PORTABLE TOILETS
- 7. LUGGAGE TRUCK
- 8. SHUTTLE BUS
- 9. SANDWICH POLICE
- 10. LEAD CAR
- 11. SAG
- 12. TANDEM CARGO VAN
- 13. TANDEM RENDEZVOUS

REST STOP 5

Mile 82.4, Miles to go: 22

CVS Pharmacy (Also 20-mile start line),
65 Tupper Road, Sandwich, MA 02563

Parking



Parking is available at all start lines and at the finish line at Craigville Beach.

Ride Share drop-off is available at Covell's Beach (859 Craigville Beach Rd., Centerville, MA) for the 5K start and the finish line at Craigville Beach.

Please note:

Parking is not allowed at the JFK Library

Free parking is available for event participants at the 100-mile start in Lot D. Please follow event signage.



Shuttles

Participants are responsible for transportation to the 100-Mile start line and the 5k Run/Walk. For the 55-Mile and 20-Mile start lines, participants can drive themselves or utilize one of our shuttles. Start line shuttles will depart from JFK Library.

Participants must request Return Shuttles in advance. Please [contact us](#) immediately if you need to request a Return Shuttle.

Saturday Shuttles

7:10 AM 55-Mile Start line shuttles & 20-mile shuttles depart from JFK Library

Boarding starts at 6:30 AM - Departs before ride starts

12:00 PM – 6:00 PM Hotel Shuttles: Shuttles will run from the Craigville Beach parking lot to official Hyannis Port ride hotels every 20 minutes until the end of the Clambake.

4:30 PM Early Return Shuttles: Shuttles will depart Craigville Beach for return service to all start lines.

6:00 PM Post-Clambake Return Shuttles: Shuttles will depart Craigville Beach for return service to all start lines.

Boarding starts at 5:30 PM

Sunday Shuttles

9:00 AM Sunday Morning Return Shuttles: Shuttles will pick up participants at official Hyannis Port ride hotels and then depart to all start lines. *Please be outside of your hotel at 8:30 AM SHARP, as the shuttle will only stop at each hotel once.*

Bike Rental & Purchases



Enjoy 10% off the purchase of any current model

PINARELLO

The official bike sponsor of the *Best Buddies Challenges*, at our retail partners below.

Get your Pinarello dream bike today!

Below is a list of trusted partners that offer rentals. Best Buddies is not responsible for your bike rental. Should you choose to rent a bike through one of our partners, you are responsible for picking up and returning your bike according to shop policies.

Ace Wheelworks

145 Elm St., Somerville, MA 02144

P. 617-776-2100

[Directions & Hours](#)

Bike Zone of Cape Cod

323 Barnstable Rd., Hyannis, MA 02601

P. 508-775-3299

And 3 other locations on the Cape & South Shore!

[Directions & Hours](#)

Belmont Wheelworks

480 Trapelo Rd., Belmont, MA 02478

P. 617-489-3577

[Directions & Hours](#)

Papa Wheelies Wellesley

8 Church St., Wellesley, MA 02482

P. 508-309-7001

[Directions & Hours](#)

Papa Wheelies Portsmouth

653 Islington St., Portsmouth, NH 03801

P. 603-427-2060

[Directions & Hours](#)

Urban Cycles Boston

[\(Mercantile Mall Fine Shops & Restaurant\)](#)

109 Atlantic Ave., Boston, MA 02110

P. 617-670-0637

[Directions & Hours](#)

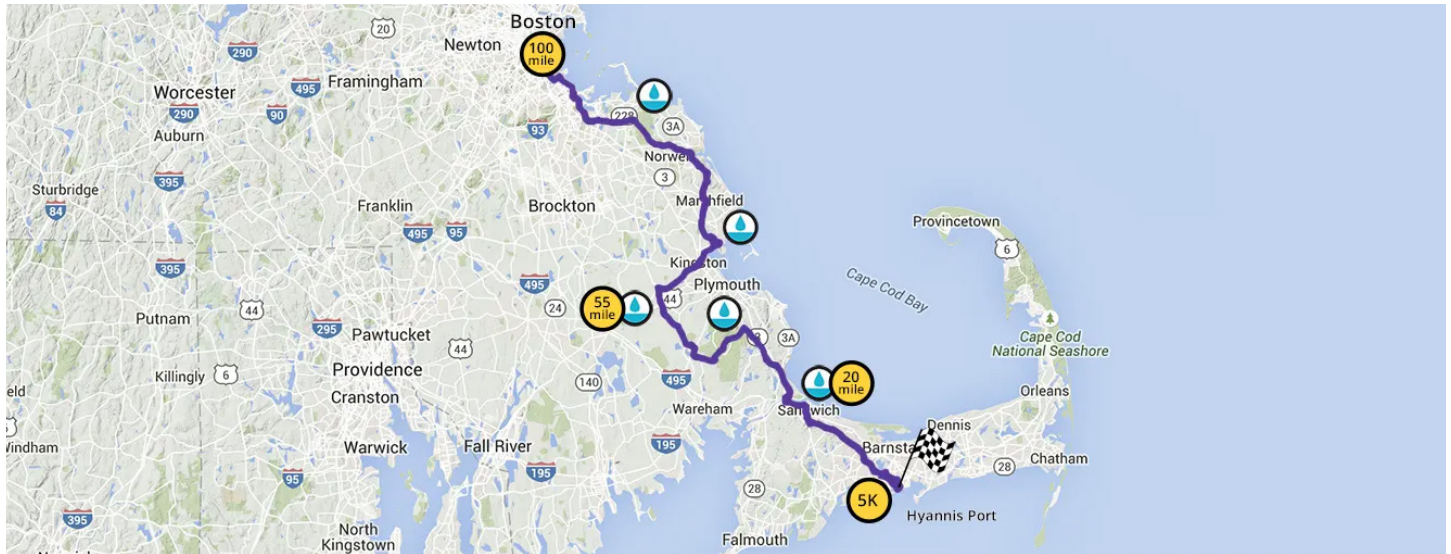
Urban Cycles is proud to offer a 10% discount on bike rentals to *Best Buddies Challenge: Hyannis Port* participants! Just use promo code ***urbangivesback20256*** to redeem.

For a small additional fee, **Urban Cycles** will deliver your rental bicycle to the start line and retrieve it from the finish line, easing logistical concerns for our riders.

Reserve your bike with Urban Cycles today! Fill out the [Charity Rides & Events Form](#) on their site.

Route Info & Links

All routes are well-marked and fully supported. Rest stops along the route feature energy food and drinks, bathrooms, and mechanical and medical assistance. As part of the five-star experience, all rides are supported by SAG (support and gear) vehicles and law enforcement officers once underway. Sweep vans along the route and our Domestiques ensure no participant is left behind.



Cycling

100-Mile Start Time: 8:00 AM

From: [JFK Library](#)

Rest Stops: 5

Total Elevation: 4,961 ft

[Ride with GPS Map \(route export available\)](#)

55-Mile Start Time: 9:30 AM

From: [CVS in Carver](#)

Rest Stops: 2

Total Elevation: 2,274 ft

[Ride with GPS Map \(route export available\)](#)

For the 100 and 55-mile routes, please be aware that at mile 80.4 on the 100-mile route and mile 31.2 on the 55-mile route, when turning onto Adams Street cyclists will be traveling the wrong way down a one-way road. The route is marked by a coned off lane and monitored by police.

All cyclists should follow traffic laws unless directed otherwise by a police officer.

20-mile Start Time: 10:30 AM

From: [CVS in Sandwich](#)

Rest Stops: 0

Total Elevation: 869 ft

[Ride with GPS Map \(route export available\)](#)

Run/Walk

5K Run/Walk: Start Time: 9:30 AM

From: [Craigsville Beach](#)

Rest Stops: 0

Total Elevation: 102 ft

[Route Here](#)

Course Support



Rider Support

Police officers, Best Buddies staff, and volunteers will be available to assist you throughout the course. Presented by Jeffrey Glassman Injury Lawyers, our team of Domestiques and Bicycle Medics will ride with you on the course wearing bright pink jerseys and/or red medic jerseys to provide immediate rider support on the road.



Medical Assistance

Medical Assistance: There will be medical assistance throughout the entire course and at rest stops. If you need assistance while you are out on the course, please call 781-953-8928 and someone will assist you. This number can also be found on your bike tag. If you have a serious injury or medical emergency, please call 911.



SAG (Support and Gear) Team

Bringing up the rear on the cycling course will be an expert cyclist, a bike tech support vehicle, and a service truck. If for whatever reason you are not able to continue, the SAG Team will transport you and your bike to the next rest stop where you can board a shuttle to the Finish Line.



Pace Groups

This ride support program for the 100-mile start line will allow riders to join pace groups led by a Domestique Pace Leader. These groups depart, ride, and finish together at a prescribed time. There is no requirement to join a pace group. Riders may roll faster or slower to find a group of their liking. At the 100-mile start there will be four groups starting in 30-second intervals. The first group will ride at an assertive pace, and each successive wave will ride at a friendlier pace than the prior group.

If you would like to join a pace group, look for the appropriate signage for the meet-up areas in the check-in/breakfast area and the start-line corral at the 100-mile start. This is a fantastic opportunity to make new cycling friends and push yourself to set a new personal best!

Rules of The Road & Safety Guideines

The Best Buddies Challenge organizers strive to conduct the ride in a safe way for all participants and courteous to all road users. Below are some general rules and regulations that all cyclists must follow. Please read these guidelines before you participate. All riders must adhere to the rules of the road as stated by the Massachusetts State Police (MSP) and the Massachusetts Department of Transportation (MassDOT).



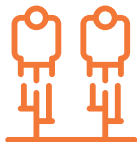
1. Helmets Required.

Helmets are mandatory to participate in the event. The Best Buddies Challenge does not provide helmets to participants.



2. Official Start Locations and Times.

Riders must start at the announced start times. Any rider who starts from an unofficial start area or before the start time will ride at their own risk without route support from State and Local Police or the staff. Such rides will not be covered under the Best Buddies Challenge ride insurance.



3. Ride Tight and Right.

Riders must ride no more than two abreast. In the absence of a bike lane, we advise riders to stay single file, especially on climbs and in heavy traffic, staying as far to the right as feasible. Aside from making a left turn, a rider should never cross the center line.



4. Listen to State and Local Police and Domestiques.

Riders must adhere to the guidance of State and Local Police and the Domestiques for instructions and warnings. They will be on the route supporting the ride.

5. SAG (Support and Gear).

Support and Gear (SAG) service will be on the course with experienced bike mechanics, on-bike medic personnel, and our Domestiques. The SAG system will transfer riders and bikes forward in the event a rider cannot continue. There will be a SAG shuttle service from each rest stop. A sweep van, designated by flashing yellow lights, will follow riders at the back of the course. Domestiques will also escort the slowest riders to ensure every rider finishes safely. Per order of MassDOT, the route closes at 4 PM.



6. Carry a Pump and Spare.

Riders must carry a spare tube and a means of inflation.



7. **Headphones and Handheld Electronics Prohibited.**

Headphones will not be allowed. The use of handheld cameras, phones, and electronic devices while riding is prohibited.



8. **Signage.**

Every effort will be made to inform riders of hazardous road conditions with signage. Mileage markers will be placed at 10-mile intervals until the final 10 miles when they will be at every mile thereafter.



9. **Clothing and Equipment Drops.**

Riders may drop off clothing or equipment at any of the rest stops, using bags provided. Riders must mark the bag with their ride number and name. Lost and found will be at the Luggage Tent at the Finish Line.



10. **Medical Plan.**

A complete Emergency Medical Plan is available to all support staff. If you need assistance on the course, call 781-953-8928. If you have a serious injury or medical emergency, please call 911..



11. **Communications.**

There will be staff radio communication along the route and in all SAG vehicles. Mobile phone service is not reliable throughout the course.



12. **Ride With Caution.**

The *Best Buddies Challenge: Hyannis Port* is conducted under the special event guidelines set forth by MassDOT. Riders are subject to state guidelines and rules pertaining to operating bicycles on open roads, unless directed otherwise by State and/or Local police.

Where to Stay

If you haven't already booked your hotel, please take a look at the [discounted hotel rates](#) available for Best Buddies Challenge participants.

BOSTON

Renaissance Boston Waterfront

606 Congress Street
Boston, MA, 02210-2803
617-338-4111
Nightly Rate - \$575

Ritz-Carlton, Boston

10 Avery Street
Boston, MA 02111
617-574-7100
Nightly Rate - \$575

Boston Marriott Long Wharf

296 State St, Boston, MA 02109
617-227-0800
Nightly Rate - \$639

Courtyard By Marriott South

Omni Boston Hotel at the Seaport

450 Summer Street
Boston, MA 02210
617- 476-6664
Nightly Rate - \$537

Courtyard By Marriott South Boston

63 R Boston Street
Boston, MA 02125
617-436-8200
Nightly Rate - \$291

HYANNIS PORT

Holiday Inn – Hyannis

1127 Iyannough Road
Hyannis, MA, 02601

508-775-1153

Nightly Rate - \$255

Hyannis Harbor Hotel

213 Ocean Street
Hyannis, MA 02601
800-655-2047
Nightly Rate - \$212

DoubleTree by Hilton Cape Cod

287 Iyannough Road
Hyannis, MA, 02601
508-771-1700
Nightly Rate - \$229

Craigville Beach Inn

369 South Main St
Centerville, MA, 02632
508-775-7223
Nightly Rate - \$182

Packing List

We will transport a small bag from your start line to the finish line. You can also drop off excess items at each of our rest stops to be transported to the finish line. **You are responsible for bagging and tagging items that you drop off at rest stops.** Staff will not handle any items that are not tagged. Remember to pick up your items at the Luggage Tent at the Finish Line before you leave.

Please bring toiletries for your post-ride shower. We will have a towel valet available, or you can bring your own if you prefer.

Please view our comprehensive packing list [here](#).



Finish Line Festival & Clambake

Complimentary food, beverages, massages, gift bags, and entrance to the Finish Line Festival are only available to registered event participants wearing our official event wristband. **Wristbands cannot be replaced or transferred and are not for sale at the event.**

Participant amenities include a finish line medal, bike valet, gift bag, hot shower, massage, beachside lunch provided by Jersey Mike's Subs, complimentary beverages, and access to our famous lobster clambake* and private concert with Jason Derulo!

***Those registered at the Beachside Rate do NOT get access to the clambake and concert. If you'd like to upgrade your rate, please [contact us](#) immediately.**

Best Buddies Challenge Merchandise

All registered riders receive a limited-edition [2026 Best Buddies Challenge: Hyannis Port](#) jersey. If you want to do even more to support Best Buddies and our mission while on the bike, purchase any of our custom Best Buddies kit pieces from our online shop!



See the full line of Best Buddies cycling merchandise by clicking [HERE](#)

All jerseys and bibs are produced in both men's and women's specific cuts.

Our kits are limited-edition, so if you see something you like that's out of stock, please reach out to bbchallengemerch@bestbuddies.org

Thanks to our Supporters!





The Company

fairlife, LLC is a Chicago-based dairy company dedicated to creating great-tasting, nutrition-rich, and value-added products that nourish consumers. With a diverse portfolio of lactose-free dairy products, including ultra-filtered milk, Core Power® High Protein Shakes, and fairlife® Nutrition Plan™, the company is committed to making a positive impact on people, animals, and the planet.

The Product

Core Power® is a post-workout shake designed for people looking for high quality protein, electrolytes and great taste. Made from 100% real, lactose free, ultra-filtered milk and without any added powders, Core Power® is a delicious source of nutrition to help you build muscle, hydrate, and recover after exercise so you're prepared for your next workout. To learn more about Core Power, visit <https://fairlife.com/core-power/>



Maximize Recovery

Core Power fights post-workout fatigue with high quality protein to build muscle and electrolytes to help hydrate.



Recovery Starts with Protein

Protein works to replenish, rebuild, and repair muscle to help you power on to your next workout.



Fueled by fairlife

Made from fairlife ultra-filtered milk, Core Power is a delicious way to recover.

The Discount

10% off your order at shop.fairlife.com

Scan the QR code and use code: **bestbuddies26**

Eligible for a one-time purchase and limited to one use per customer.





Questions?

Reach out to us!

e-mail us at Coach@bestbuddies.org

call us at 786-960-0639

and we'll be happy to assist you.

BESTBUDDIESCHALLENGE.ORG     