2026 Ready to Roll Guide

BEST BUDDIES CHALLENGE® MIAMI

CHAIRED BY Kenneth C. Griffin | GRIFFIN CATALYST

PRESENTED BY Andrew P. Barowsky FOUNDATION | MACK CYCLE

November 14 | Miami, FL



BEST BUDDIES®

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Welcome to the Challenge!

Welcome to the *2026 Best Buddies Challenge: Miami, chaired by the Kenneth C. Griffin and Griffin Catalyst, Presented by Andrew P. Barowsky Foundation and Mack Cycle & Fitness!* Your support helps create friendships, job opportunities, leadership development, inclusive living, and family support for individuals with intellectual and developmental disabilities. Every mile you ride and dollar you raise supports Best Buddies.

This guide has all the details, schedules, and locations you will need to know for the Challenge on November 14 and 15, 2026. Please take a few minutes to read this guide and email us at Coach@bestbuddies.org with any questions. See you in the saddle!

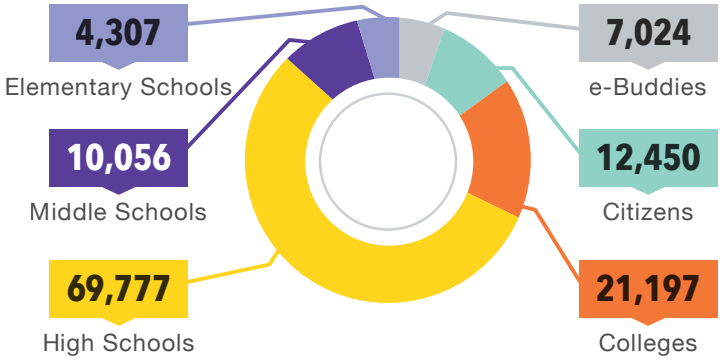
Our Impact

4,046 Chapters | **154,354*** Participants | **1,543,540** Impacted | **50** States | **41** Countries

One-To-One Friendship

- **165** Elementary School Chapters
- **1,747** High School Chapters
- **468** Middle School Chapters
- **455** College Chapters

Program Participants



Integrated Employment

- **2,300** Participants Employed

Average Total Participant Stats

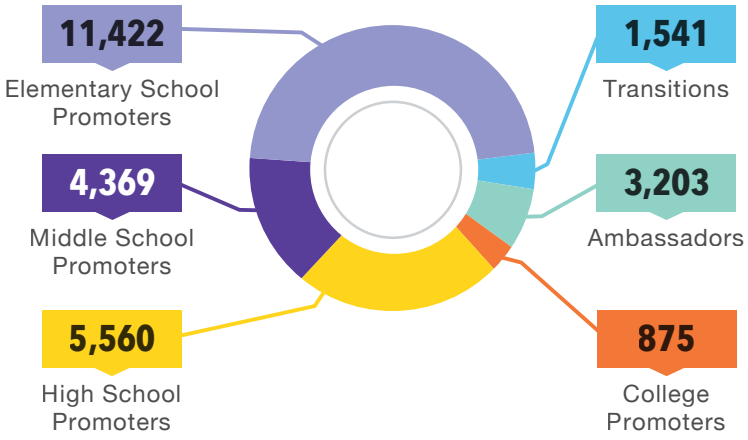
44,160	2,163,840	$6,911,305	$34,556,525
Weekly Hrs. Worked	Yearly Hrs. Worked	Yearly Taxes Paid	Yearly Wages Earned

Avg. hrs worked per week 19.20, Avg. hrly wage $15.97 (in the U.S.).

Leadership Development

- **539** Elementary Schools Promoters Chapters
- **276** Middle School Promoters Chapters
- **336** High School Promoters Chapters
- **60** College Promoters Chapters

Program Participants



Inclusive Living

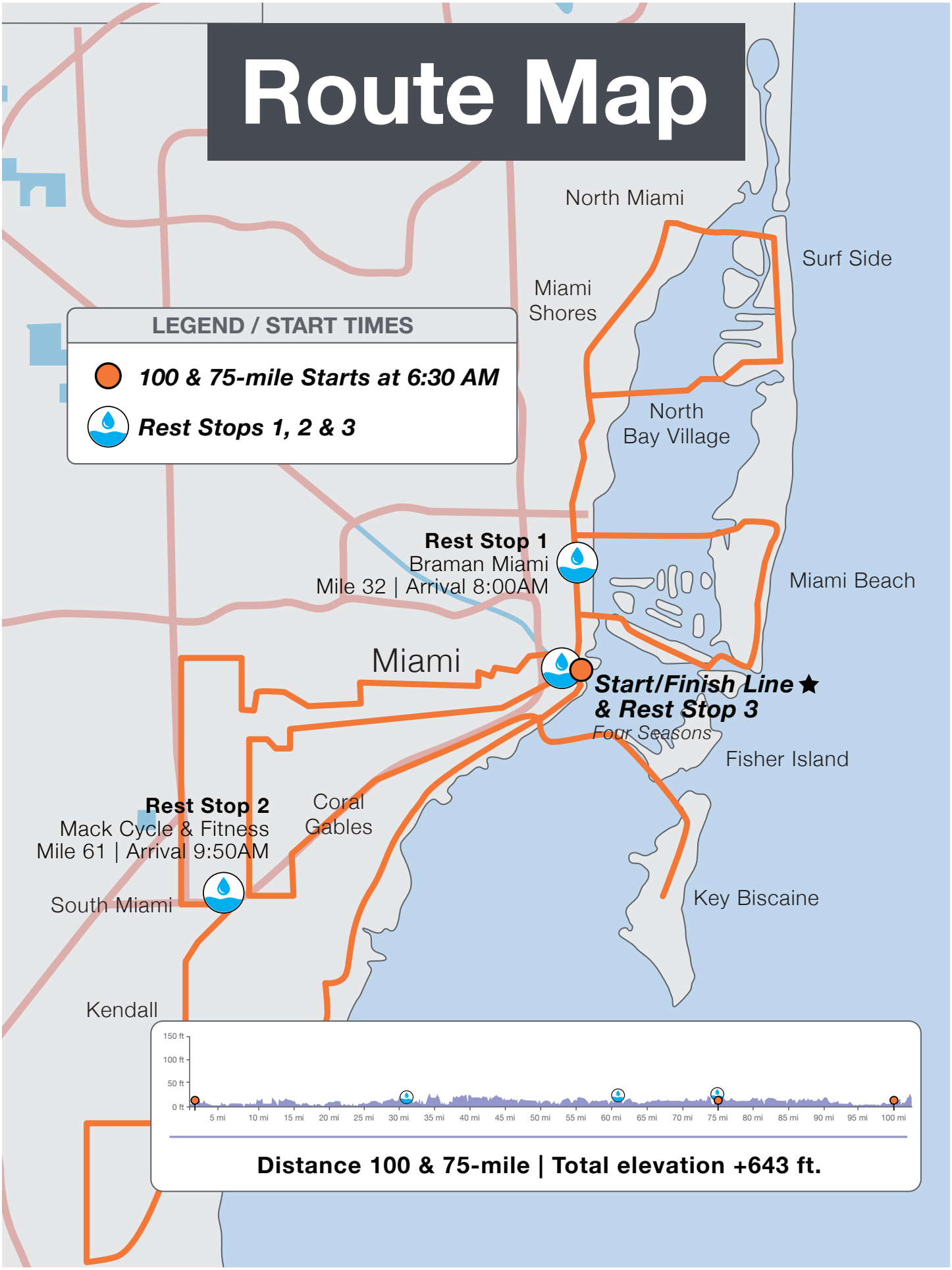
- **10** Living Residences
- **116** Living Participants

Family Support

- **157** Eunie's Buddies Participants

*All program stats are as of 6/30/2025, and reflect the most recent Best Buddies program year (July 1, 2024 – June 30,2025).

Route Map


North Miami
Surf Side
Miami Shores
North Bay Village
Miami Beach
Miami
Fisher Island
Coral Gables
South Miami
Key Biscaine
Kendall
LEGEND / START TIMES
100 & 75-mile Starts at 6:30 AM
Rest Stops 1, 2 & 3
Rest Stop 1
Braman Miami
Mile 32 | Arrival 8:00AM
Start/Finish Line ★
& Rest Stop 3
Four Seasons
Rest Stop 2
Mack Cycle & Fitness
Mile 61 | Arrival 9:50AM
150 ft
100 ft
50 ft
0 ft
5 mi
10 mi
15 mi
20 mi
25 mi
30 mi
35 mi
40 mi
45 mi
50 mi
55 mi
60 mi
65 mi
70 mi
75 mi
80 mi
85 mi
90 mi
95 mi
100 mi
Distance 100 & 75-mile | Total elevation +643 ft.

Friday & Saturday Schedule of Events

Friday, November 13
Best Buddies Golf Classic: Miami @ Turnberry Golf Course

7:00 AM – 1:00 PM

Looking for more than just a bike ride? Consider joining us for the inaugural *Best Buddies Golf Classic: Miami* on Turnberry Isle.

For more details and to register for this event visit **BESTBUDDIES.ORG/GOLF**

Four Seasons Hotel Miami

1435 Brickell Ave, Miami, FL 33131

6:30 AM Shakeout Ride with Chris Froome @ Four Seasons Hotel Miami

We'll ride to Key Biscayne before returning to Brickell.

Finish | Coffee & Pastries @ Best Buddies x Rosetta Bakery

1451 Brickell Avenue, Miami, FL 33131

3:00 PM Rider Hotel Check-In

Riders may check in to their complimentary two (2) night hotel stay

6:00 - 8:00 PM Meet the Pros Mixer @ Four Seasons Hotel Miami

Enjoy hors d'oeuvre and cocktails while listening to music and becoming inspired by program participants who will tell their story about how Best Buddies changed their lives! You'll also have a chance to get to know the pro cyclists attending the event.

Saturday, November 14
Best Buddies Challenge: Miami

Start & Finish @ Four Seasons Hotel Miami

1435 Brickell Ave, Miami, FL 33131

4:30-6:30 AM Breakfast and registration open

6:15 AM Riders need to be in the Start Line Chute

6:30 AM 100 and 75-mile ride starts

8:00 AM 1st Rest Stop Braman Miami

2060 Biscayne Blvd., Miami, FL 33137

9:50 AM 2nd Rest Stop Mack Cycle

5995 Sunset Dr., Miami, FL 33143

10:45 AM 3rd Rest Stop/75mi Drop Four Seasons Hotel Miami

11:50 AM Finish Four Seasons Hotel Miami

A Post-Ride Lunch will be prepared and waiting for you upon return at the Four Seasons Hotel Miami.

Best Buddies Miami Gala @ Mana Wynwood

318 NW 23rd ST, Miami, FL 33127

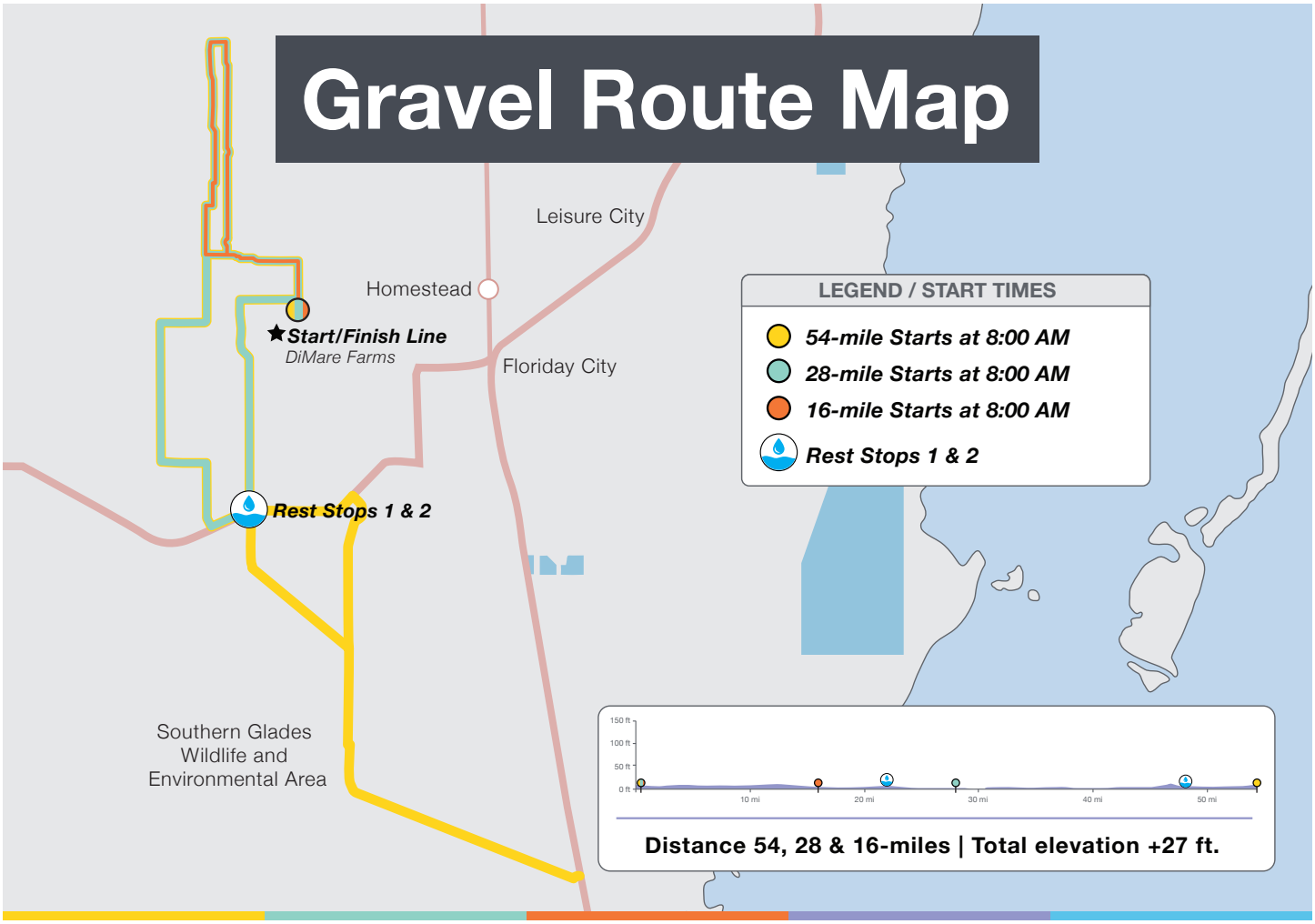
Theme: Magic of Friendship
Dress Code: Cocktail chic

7:00 PM Cocktails and Silent Auction

8:30 PM Gourmet Dinner

10:30 PM Musical Performance by Flo Rida

More details at **BESTBUDDIES.ORG/MIAMIGALA**



Sunday Schedule of Events

Best Buddies Gravel: Miami

Start & Finish @ DiMare Farm

32700 SW 217th Ave, Homestead, FL 33034

7:00 AM Breakfast and registration open

7:45 AM Riders report to the Start Line

8:00 AM Ride starts

11:00-11:30 AM Post-ride lunch

There is plenty of free parking available at DiMare Farm.

Hotel Check-Out for Saturday's Challenge riders

12:00 PM Check-Out

Challenge riders must check-out of their complimentary two (2) night hotel stay.

Rest Stop Locations

Our three Rest Stops will be ready for you to rest and refuel along the route. Each Rest Stop will be equipped with snacks, beverages, restrooms, bicycle mechanics, and medical aid.



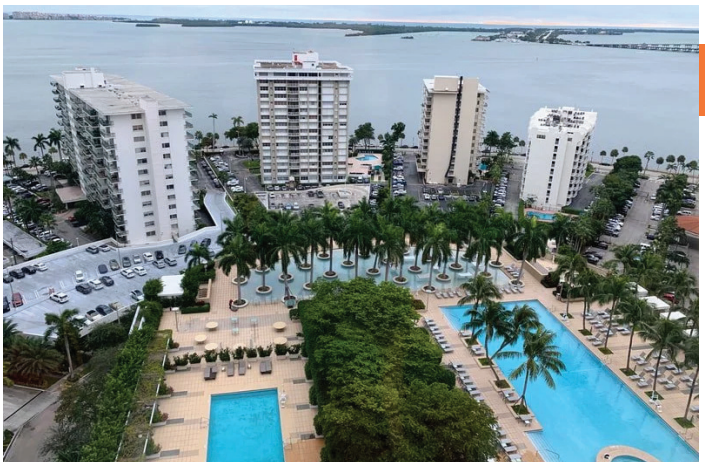
REST STOP 1

Braman Miami | 8:00 AM
2060 Biscayne Blvd.,
Miami, FL 33137
Mileage: 31.2 (68.8 miles to go)



REST STOP 2

Mack Cycle & Fitness | 9:50 AM
5995 Sunset Dr,
Miami, FL 33143
Mileage: 61.7 (38.3 miles to go)



REST STOP 3 (75mi Drop)

Four Seasons Hotel Miami | 10:45 AM
1435 Brickell Ave,
Miami, Florida 33131
Mileage: 75 (25 miles to go)



Course Support



Rider Support

Police officers, Best Buddies staff, and volunteers will be available to assist you throughout the course. Our team of Domestiques will be riding with you on the course wearing bright pink jerseys and can provide immediate rider support on the road.



Medical Assistance

There will be medical assistance throughout the entire course and at all rest stops. If you need assistance while you're out on the course, the ride will be paused. All cyclists are asked to get entirely off the road to facilitate service. In a dire emergency dial 911.



SAG (Support and Gear) Team

Bringing up the rear on the cycling course will be an expert cyclist, a bike tech support vehicle, and a service truck. If for whatever reason you are not able to continue, the SAG Team will transport you and your bike to the next rest stop or to the Finish Line.

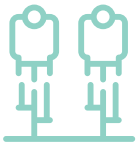
Rules of The Road & Safety Guidelines

The *Best Buddies Challenge: Miami* is a unique ride. Participants, particularly first-time attendees, should read this carefully. Whereas typical rides are conducted on open roads subject to traffic laws, cyclists will be in a "rolling enclosure" patrolled by a police motorcade and serviced by support and gear vehicles.

This experience is as close as a cyclist can get to riding in a professional racing peloton. With this privilege comes a unique protocol on rider conduct.

1. Helmets Required

Cyclists must wear a securely fastened modern cycling helmet approved by standards set by USA Cycling. No exceptions. The Best Buddies Challenge does not provide helmets to participants.



2. Ride 2x2

To facilitate the police motorcade and caravan, cyclists are required to ride in a double file formation. Cyclists will never ride more than two abreast, save for the Domestiques who will patrol the formation. Occasionally the group will shift to single file to manage traffic circumstances. If this occurs, please follow the directions of our Domestiques.



3. Follow the Police and Domestiques Directions

For both the safety and efficiency of the group, cyclists should adhere to the guidance of the Domestiques. Our Domestiques are in radio contact with the caravan and police.



4. Mechanical Protocol

THE RIDE **DOES NOT** STOP FOR MECHANICAL ISSUES. Cyclists who experience any mechanical issues should safely raise their hand and drift back in the field. A Domestique will assist in the repair and the return to the group. If necessary, a SAG vehicle will assist and transfer the cyclist forward to the next rest area to rejoin the ride.



5. Medical Protocol

THE RIDE **DOES** STOP FOR MEDICAL ISSUES. If there is any type of medical situation, the ride will be paused. All cyclists are asked to get entirely off the road to facilitate service. Please follow the directions of our Domestiques.



6. Headphones Prohibited

Cyclists will be traveling at high speeds and must follow directives from police, Best Buddies staff and Domestiques.

7. Pocket Your Phone

The Best Buddies Challenge surrounds the peloton with photographers and videographers to capture all your favorite moments. A gallery will be provided post-event. Cyclists taking selfies put themselves and the group at enormous risk. Save your selfies for rest stops, please.

8. Ride Light

Riders **do not need** to carry pumps, spares, bags, tools, or supplies. Two water bottles are more than enough for most cyclists. Cyclists may shed clothing at any of the rest stops. Clothing will be transported to the Finish Line, where it can be retrieved.

9. Point Out Hazards

Cyclists in the front will point out road hazards. All cyclists are asked to do the same and ride with caution.

10. Stay in Formation

We start, stop, and re-start in 2x2 formation. This is important when the group encounters heavy traffic. Police must be able to constantly pass the peloton to close intersections and patrol traffic.









Post Ride Luncheon

After you cross the Finish Line on Saturday, enjoy a hot shower and professional massage. Then, join us at the Four Seasons Hotel Miami for a gourmet luncheon hosted by Anthony K. Shriver.

Participant amenities include a finish line medal, hot shower, and professional massage. The Finish Line luncheon is available to every registered event participant. **Your registration cannot be replaced or transferred.**

For our Best Buddies Gravel riders, a post-ride lunch will be provided at DiMare Farm.

Meet The Pros

Let's introduce you to who you'll be riding with at the Challenge!



Chris Froome

@chrisfroome

4-Time Tour de France winner, Chris Froome, is a native of Kenya with British citizenship and is one of the greatest cyclists in history. As the first British rider to officially win a Grand Tour, he is one of just seven cyclists to have won all three Grand Tours (Italy, France and Spain). Despite his two victories in the Vuelta a Espana and a win of the Giro d'Italia, he is best known for four victories in the Tour de France. His ascendance to a fifth win was interrupted by a serious training crash in 2019. Despite a slow and frustrating recovery, Froome showed a return to form placing third on legendary Alpe d'Huez stage in the 2022 Tour.



Cam Wurf

@cjwurf

Tasmanian-born Cam Wurf has achieved elite success in three sports—rowing, cycling, and triathlon—earning the title of "world's most versatile endurance athlete." A 2004 Olympic rower turned pro cyclist, he later became one of the world's top triathletes, setting record bike splits at the Kona Ironman. Known as the "Chief Motivation Officer" for his energy and dedication, Wurf now races with the INEOS Grenadiers across both cycling and triathlon. A proud Best Buddies ambassador, he continues to push limits—recently completing Paris-Roubaix before running a half marathon the next day.



Leanda Cave

@leandacave

First woman in history to win both the IRONMAN and IRONMAN 70.3 World Championships in the same year (2012). With an 18-year professional career representing Great Britain, she competed at the highest levels across Olympic, Half, and Full Ironman distances — earning global recognition by CNN as one of the fittest women in the world. Since retiring at the end of 2017, Leanda has shifted her focus to coaching, founding her own performance coaching business and represents Pinarello as an ambassador. Today, Cave works with athletes of all levels, helping them achieve their goals in triathlon, swimming, cycling, and running, while occasionally competing for fun or participating in events for charitable causes. Backed by decades of experience, she offers expert guidance in training, nutrition, and mindset — empowering others to unlock their full potential.



Aj August

@aj__august

Rochester, New York native Andrew "AJ" August is one of professional cycling's rising talents. At just 21, he enjoyed a breakthrough 2026 season with the Netcompany INEOS Cycling Team, earning stage victories at the Volta Comunitat Valenciana and Itzulia Basque Country, plus the Czech Tour overall title and two stage wins. Now based in Andorra, August trains in the Pyrenees as he builds his reputation as a versatile stage racer. He will join the Pinarello-Q36.5 Pro Cycling Team in 2027, continuing his ascent among the sport's most promising young riders.

Best Buddies Challenge Merchandise

All registered riders receive a limited-edition *2026 Best Buddies Challenge: Miami* kit. If you want to do even more to support Best Buddies and our mission while on the bike, purchase any of our custom Best Buddies kit pieces from our online shop at Mumu!



See the full line of Best Buddies cycling merchandise by clicking HERE.

All jerseys and bibs are produced in both men's and women's specific cuts.

Our kits are limited-edition, so if you see something you like that's out of stock, please reach out to bbchallengemerch@bestbuddies.org

Thanks to our Supporters!

Kenneth C. Griffin
GRIFFIN CATALYST

Andrew P. Barowsky
FOUNDATION

MACK CYCLE

Jersey Mike's SUBS

BRAMAN
MIAMI

THE Coca-Cola COMPANY

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EIA BRAVA GROUP

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The Company

fairlife, LLC is a Chicago-based dairy company dedicated to creating great-tasting, nutrition-rich, and value-added products that nourish consumers. With a diverse portfolio of lactose-free dairy products, including ultra-filtered milk, Core Power® High Protein Shakes, and fairlife® Nutrition Plan™, the company is committed to making a positive impact on people, animals, and the planet.

The Product

Core Power® is a post-workout shake designed for people looking for high quality protein, electrolytes and great taste. Made from 100% real, lactose free, ultra-filtered milk and without any added powders, Core Power® is a delicious source of nutrition to help you build muscle, hydrate, and recover after exercise so you're prepared for your next workout. To learn more about Core Power, visit https://fairlife.com/core-power/



Maximize Recovery

Core Power fights post-workout fatigue with high quality protein to build muscle and electrolytes to help hydrate.

Recovery Starts with Protein

Protein works to replenish, rebuild, and repair muscle to help you power on to your next workout.

Fueled by fairlife

Made from fairlife ultra-filtered milk, Core Power is a delicious way to recover.

The Discount

10% off your order at shop.fairlife.com

Scan the QR code and use code: **bestbuddies26**

Eligible for a one-time purchase and limited to one use per customer.



Questions?

Reach out to us!

e-mail us at Coach@bestbuddies.org
and we'll be happy to assist you.

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